



County Hall
Haverfordwest,
Pembrokeshire,
SA61 1TP
2018

Dear Club Members,

We would like to thank you all for your continued participation in swimming in Pembrokeshire. It has been another successful period for the sport in the county and a huge congratulations has to be extended to all those involved.

As many of you are aware Sam Jones, the assistant swimming development coach has left his post and we are currently in the process of recruiting for a replacement. During this interim period Craig Nelson, Swimming Development Coach, is being supported when needed by a number of other qualified coaches.

On the successful recruitment of an assistant coach the intention is that there will be monthly workshops for all coaches throughout the county being offered which in turn is envisaged to support all the development clubs and their swimmers. Additional workshops are also to be offered to those volunteer coaches who are eager to develop their knowledge and skills throughout the year. It has also been decided to amend the squad structure slightly by the removal of the junior academy due to a consensus of opinion that it has not served the intended purpose of developing of swimmers within this group. Craig and the Pembrokeshire County Committee will be reviewing alternative options for those swimmers that previously would have qualified for this group.

The new Monthly Fees as of July 1st 2018

Tier 1 - Water Dragons (up to 2 hours per week)	£20.00
Tier 2 - Development club squads	£28.80
Tier 3 - Senior Academy	£34.70
Tier 4 - Junior National	£39.10
Tier 5 - National	£43.50
Tier 6 - National Performance	£48.00

Swimming Club members will still be eligible to:

Junior Fitness Sessions and Classes

(Children 13+ will also be able to access the fitness suites at all times and attend adult fitness classes*)

Public Swimming

Discounted holiday scheme activities (25% off)

Tier 2+ Members will also include Rookie Lifesaving & Junior Tristars & Waterpolo (where applicable)

We continue to believe that the Pembrokeshire County Swimming Membership offer is one of the best in Wales and provides exceptional value for money. We hope that the sport of swimming will continue to develop over the next 12 months and that your child enjoys the benefits of being a member of the Pembrokeshire County Swimming pathway.

Regards

Gary Nicholas

Pembrokeshire Leisure Services Manager

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- * Exemptions apply. Please see leisure centre policy for excluded classes



Neuadd y Sir
Hwlfordd,
Sir Benfro,
SA61 1TP
29 Mawrth 2017

Annwyl Aelodau,

Hoffem ddiolch i chi gyd am eich cyfraniad parhaol i'r gamp o nofio yn Sir Benfro. Dyma ddiwedd cyfnod arall llwyddiannus dros ben i'r gamp. Llongyfarchiadau mawr i bawb sydd wedi bod yn rhan ohono.

Mae'r rhestr isod yn rhestru'r ffioedd misol newydd o Mai 1af 2017 ymlaen.

Rydym wedi ceisio cadw'r cynnydd mewn prisiau mor isel â phosibl a gobeithiwn y bydd y strwythur haenog newydd yn darparu'r gwerth gorau am arian. Rydym yn dal i gredu bod ein lefelau prisio ar gyfer amserau'r pwll ynghyd â darparu hyfforddwr nofio'r sir a'i gynorthwydd yn well na'r hyn sy'n cael ei ddarparu drwy Gymru gyfan.

Y Ffioedd Misol newydd ynghyd â gwasanaethau Hyfforddwr yw:

Haen 1 – Dreigiau Dŵr (hyd at 2 awr yr wythnos)	£17.50
Haen 2 – Datblygu Clybiau Sgwad	£26.00
Haen 3 – Academi Iau	£28.50
Haen 4 – Academi Uwch	£31.75
Haen 5 – Cenedlaethol Iau	£36.00
Haen 6 – Cenedlaethol	£40.25
Haen 7 – Perfformiad Cenedlaethol	£44.50

Bydd aelodau'r Clwb Nofio yn parhau i fod yn gymwys am:

Sesiynau a Dosbarthiadau Ffitrwydd ieuencid

(gall blant 13+ gael mynediad i'r ystafelloedd ffitrwydd drwy'r amser a mynychu dosbarthiadau oedolion*)

Nofio Cyhoeddus

Gostyngiad ar y cynllun gweithgareddau yn ystod y gwyliau (gostyngiad o 25%)

Aelodau Haen 2+ hefyd yn cynnwys aelodaeth o Achub Bywyd Rookie, Ieuencid Tristars a Pholo Dŵr

Gobeithiwn y bydd y gamp o nofio yn parhau i ddatblygu dros y 12 mis nesaf ac y bydd eich plentyn yn elwa o fod yn aelod o griw Nofio Sir Benfro.

Cofion cynnes,

Gary Nicholas

Swyddog Gwasanaethau Hamdden Sir Benfro

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- * Rhai eithriadau. Gweler polisiau Canolfannau Hamdden gwahanol am eithriadau.