

Times as @ 9th April 2018

All long course times converted to SC

County Performance/County National

1	Rosie Llewellyn
2	Bethan Jones
3	Charlotte Walley
4	Toby Sturley
5	Lauren Omnet
6	Tayla Wilson
7	Caera Lewis
8	Rhys Davies

		LC	LC	SC	SC	Best
	Gold Squad					
	<i>Working towards Welsh Qual.</i>	200 fc	200im	200 fc	200im	combined
1	Arron Fitzsimmons	2.28/2.26	2.42/2.40	2.19	2.35	4.54
2	Charlie Shiels	2.31/2.29	2.44/2.42	2.26	2.45	5.08
3	Jayden Keane			2.27	2.5	5.17
4	Hannah Greenwood		3.17/3.15	2.3	2.49	5.19
5	Lewis Kettle	3.04/3.02	3.01/2.59	2.33	2.53	5.26
6	Jessica Morris			2.46	2.56	5.42
7	Lena Hughes			2.47	3.07	5.54
8	Georgia Lee			2.49	3.08	5.57
9						
	<i>*County Junior National Train Wednesday at Haverfordwest</i>					
	Silver Squad	LC	LC	SC	SC	Best
	<i>Working towards Stage 9/10</i>	200 fc	200im	200 fc	200im	combined
1	Benjamin Hillary	3.06/3.04	3.36/3.38	2.46	2.55	5.41
2	Ella Townsend			2.41	3.08	5.49
3	Megan Cole		4.12/4.10	2.52	3.12	6.04
4	Holly-Jane Callen			2.55	3.11	6.06
5	Abigail Thomas	3.09/3.07	3.32/3.30	2.54	3.19	6.13
6	Maggie May Sturley		3.47/3.45	2.55	3.27	6.22
7	Marilla Evans			2.58	3.25	6.23
8	Edward Lister			3.07	3.23	6.3
9	Chloe Morris			3.03	3.34	6.37
10	Lilly Busby			3.14	3.28	6.42
11	Leah Carroll			2.56	3.48	6.44
12	Morgan Williams			3.03	3.54	6.57
13						

Bronze Squad		LC	LC	SC	SC	Best
<i>Working towards Stage 8/9</i>		200 fc	200im	200 fc	200im	combined
1	Daniel Twynham			3.03	3.34	6.37
2	Ioan Mutter			3.13	3.46	6.59
3	Leon Twynham			3.14	3.46	7
4	Jack Morgan			3.47	3.49	7.36
5	Aneurin Lee			3.31	4.23	7.54
6	James Townsend			3.48	4.24	8.12
7	Molly Jones			4.05	4.12	8.17
8	Carys Thompson			4.12	4.24	8.36
9	Sophie Moseley			4.3	4.29	8.59
10	Shanai Colley			3.26		
11	Neive McNally			3.35		
12	Saskia Webb			3.44		
13	Abigail Hillary					
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Aquatics 1		LC	LC	SC	SC	Best
<i>Fit Swim</i>		200 fc	200im	200 fc	200im	combined
1	Rowan Kettle	2.30/2.28	2.48/2.46	2.14	2.32	4.46
2	Tomas Griffith			2.38	3.11	5.49
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Aquatics 2						
<i>Masters</i>						
1	David Thompson					
2	Joe Zilch					
3	Brian Keane					
4	Francis Bunker					
5	Ann Bunker					
6	Conner James					
7	Cerys John					

	Water Dragons Max club capacity	LC	LC	SC	SC	Best
	<i>Working towards Stage 7/8</i>	200 fc	200im	200 fc	200im	combined
1	Alice Oliver			3.49	4.36	8.25
2	Cai Jones			4.01	4.39	8.4
3	Aria Evans			4.06	4.45	8.51
4	Niamh Evans			4.11	4.48	8.59
5	Fleur Lord			4.13	4.48	9.01
6	cai Johnson			4.36	4.47	9.23
7	Dylan Lee			4.32	5.01	9.33
8	Callum Keane			3.55		
9	Fred Morris			4.06		
10	Ben Morgan			4.06		
11	Ewan Sture			4.21		
12	Rebecca Mason			4.23		
13	Rosie Oliver			4.31		
14	Hazel Lister			4.45		
15	Freya Thompson			5.19		
16	Ben Evans					
17	Martha Lee					
18	Mylia Webb					
19	Cerys Griffiths					
20	Evie Bratcher					
21	James Harris					
22	Toby Harris					
23	Cory Shelmerdine					
24	Carys Kenniford					
25	Amelia Hounsell					
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